

# **MENDOCINO WORKS**

## **Employment Resource Centers**

---

Resource Center Council Meeting Minutes – Ft. Bragg ERC  
310 East Redwood Avenue, Ft. Bragg, CA  
March 29, 2002 – 1:00 – 3:00 pm

Present: MPIC: Christine Mullis, Jackie Matson; CalWorks Mental Health: Julie Elkins

---

### ***Introductions & Approval of Prior Minutes***

Minutes approved from last meeting.

### **Agency Sharing**

#### *Mental Health*

- Life skills coaching will be opening up at JA soon. Life skills deals with self-esteem building, how to manage your budget, conflict resolution, problem solving skills, strength-building, coping with depression/stress/anxiety, decision-making skills, etc.

#### *MPIC*

- MPIC is busy dealing with many clients coming through the GP layoff, one is already getting ready to go into an On-the-Job contract. For those having a hard time dealing with the job loss, Julie mentioned the Coast Clinic is a good referral for counseling.
- The new Initial Contact Cards and accompanying policy and procedures was distributed and discussed. Jackie Matson will be following up with the other partners at the Fort Bragg resource center regarding same.

#### *Meeting attendance*

In light of the fact that only three people were present at the meeting, Christine said she will begin asking for confirmations on attendance to ensure enough people are present to make the meeting worthwhile.

### ***Agenda for next time***

- Introductions/Approval of Minutes
- Initial Contact Card & Procedures Update
- GP Update (MPIC & EDD)
- Agency Reports / Sharing

